

This document is for Physical Intervention courses only.

Attendance Times

The course will start at 09:30 and end at 15.30 unless otherwise stated. Please ensure that all course participants are prepared to start the course at this time.

Clothing and Appearance

Please ensure that all staff participating in the course are informed of the following dress code prior to attending a course provided by EMA Ltd. The clothing worn by participants during the training should enable them to operate freely and pose no risk to themselves or any other member of the group.

The wearing of listed items is not advised throughout the duration of the course.

Obtrusive rings
Low cut tops
Watches
Necklaces
Pendant earrings
Heavy footwear
Long fingernails

Participants should wear clothing from the following list:

1. Jogging bottoms/ loose trousers NOT jeans.
2. T-shirt or jumper NOT vests or sleeveless tops.
3. Trainers or soft footing NOT backless trainers, bare foot or slippers

Please note any staff not following the given guidelines on suitable clothing for the course will be excluded from the training.